



# Student Handbook Peer Advising

## Description

**Note:**

These sample materials were developed at Leuphana University and are included in the CREATES Toolkit Peer Advising as an example of communicating the purpose of Peer Advising to students developed at the CREATES partners. For more information and additional educational tools, visit: <http://europe-creates.eu>

# Studium Individuale Peer Advising

## Description

(for “Navigating the Studium Individuale” student handbook)

### What is peer advising?

Peer advising in the Studium Individuale brings together more advanced students with small groups of first semester students. The aim is to create a space for sharing and communication about your experiences of studying at Leuphana and in the Studium Individuale.

Rather than offering “advice”, peer advisors will attempt to create opportunities for students to learn from each other. While attendance is optional, you will be automatically invited to join a peer advising group and we warmly encourage you to participate.

### What will the meetings be like?

Peer advisors, who are more advanced students in the Studium Individuale, will guide monthly meetings of 6-7 students during your first semester of study.

Working in teams of two, the peer advisors will gently guide discussions on topics such as time management, self and community, finding resources and asking for support. The peer advisors will facilitate checking in about one’s individual experience and moderate conversation among first semester students, encouraging listening and sharing.

### How does peer advising fit into my experience of navigating the Studium Individuale?

Adjusting to studying at university can be disorienting and overwhelming at first. Some of us may feel we are the only one struggling, while others seem to handle their challenges more easily.

Peer advising creates a space for students to share their experiences, challenges, and goals with each other, finding both similarities as well as diversity. Through this exchange, peer advising may help foster a Studium Individuale community that will last beyond the first semester.